

```
1 <!DOCTYPE html PUBLIC "-//W3C//DTD XHTML 1.0 Transitional//EN" "http://www.w3.org/TR/xhtml1/DTD/xhtml1-  
transitional.dtd">  
2 <html prefix="og: http://ogp.me/ns#" xmlns="http://www.w3.org/1999/xhtml" xml:lang="en-gb" lang="en-gb" >  
3 <head>  
4 <script type="text/javascript" src="https://ajax.googleapis.com/ajax/libs/jquery/1.8.3/jquery.min.js"></script>  
5 <script type="text/javascript" src="https://ajax.googleapis.com/ajax/libs/jqueryui/1.8.23/jquery-ui.min.js">  
  </script>  
6 <script type="text/javascript">  
7     jQuery.noConflict();  
8 </script>  
9 <base href="http://localhost:8888/hpc/index.php/about-hot-explorer/template/rock-climbing" />  
10 <meta http-equiv="content-type" content="text/html; charset=utf-8" />  
11 <meta name="generator" content="Joomla! - Open Source Content Management" />  
12 <title>Rock Climbing</title>  
13 <link href="http://localhost:8888/hpc/index.php/about-hot-explorer/template/rock-climbing" rel="canonical" />  
14 <link href="/hpc/index.php/about-hot-explorer/template/rock-climbing?format=feed&type=rss"  
rel="alternate" type="application/rss+xml" title="RSS 2.0" />  
15 <link href="/hpc/index.php/about-hot-explorer/template/rock-climbing?format=feed&type=atom"  
rel="alternate" type="application/atom+xml" title="Atom 1.0" />  
16 <link rel="stylesheet" href="/hpc/components/com_k2/css/k2.css" type="text/css" />  
17 <script src="/hpc/media/system/js/mootools-core.js" type="text/javascript"></script>  
18 <script src="/hpc/media/system/js/core.js" type="text/javascript"></script>  
19 <script src="/hpc/components/com_k2/js/k2.js?v2.6.6&sitepath=/hpc/" type="text/javascript"></script>  
20 <script src="/hpc/media/system/js/caption.js" type="text/javascript"></script>  
21 <script src="/hpc/media/system/js/mootools-more.js" type="text/javascript"></script>  
22 <script type="text/javascript">  
23 window.addEvent('load', function() {  
24     new JCaption('img.caption');  
25 });  
26 window.addEvent('domready', function() {  
27     $$('.hasTip').each(function(el) {  
28         var title = el.get('title');  
29         if (title) {  
30             var parts = title.split(':', 2);  
31             el.store('tip:title', parts[0]);  
32             el.store('tip:text', parts[1]);  
33         }  
34     });  
35     var JTooltips = new Tips($$('.hasTip'), {"maxTitleChars": 50,"fixed": false});  
36 });  
37 </script>  
38  
39 <meta name="viewport" content="width=device-width, initial-scale=1.0" />  
40  
41 <link rel="stylesheet" href="http://localhost:8888/hpc/index.php/about-hot-explorer/template/rock-  
climbing?css_request=1&diff=53323904" type="text/css" />  
42 <link rel="stylesheet" href="/hpc/templates/hot_explorer/css/joomla.css" type="text/css" />
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43 <link rel="stylesheet" href="/hpc/templates/hot_explorer/css/template_css.css" type="text/css" />
44 <link rel="stylesheet" href="/hpc/templates/hot_explorer/css/layout.css" type="text/css" />
45
46 <!--[if lt IE 9]>
47 <script src="http://html5shim.googlecode.com/svn/trunk/html5.js"></script>
48 <style type="text/css">
49 .container, .row {
50     width:960px;
51 }
52
53 [class*="span"] {
54     margin-left: 0;
55 }
56
57 .mp_logo{
58     width:320px;
59 }
60
61 .mp_topmenu{
62     width:640px;
63 }
64
65 .mp_header1{
66     width:0px;
67 }
68
69 .content_sparky {
70     width:960px;
71 }
72
73 .mp_right{
74     width:0px;
75 }
76
77 .mp_user1{
78     width:320px;
79 }
80
81 .mp_user2{
82     width:320px;
83 }
84
85 .mp_user3{
86     width:320px;
87 }
88
89 .mp_bottom1{
```

```
90     width:160px;
91 }
92
93 .mp_bottom2{
94     width:160px;
95 }
96
97 .mp_bottom3{
98     width:160px;
99 }
100
101 .mp_bottom4{
102     width:160px;
103 }
104
105 .mp_bottom5{
106     width:320px;
107 }
108
109 .mp_copyright{
110     width:960px;
111 }
112
113
114 .carouselrow .row, .mp_header1 {
115     width:960px;
116     margin:0 auto;
117 }</style>
118 <![endif]-->
119
120 <link rel="stylesheet" href="/hpc/templates/hot_explorer/styles/style2.css" type="text/css" />
121 <link rel="stylesheet" href="/hpc/templates/hot_explorer/css/menu_drop_down.css" type="text/css" />
122 <script type="text/javascript" src="/hpc/templates/hot_explorer/js/jquery.hjt.nav.js"></script>
123 <script type="text/javascript">
124     jQuery(document).ready(function(){
125         jQuery('.mnu_mainmenu').dropDownMenu({
126             speed: 300,
127             effect: 'slideToggle'
128         });
129         var navHeight = jQuery('ul.nav > li').outerHeight()
130         jQuery('ul.nav').parent('div').css('height', navHeight)
131     });
132 </script>
133 <script type="text/javascript" src="/hpc/templates/hot_explorer/js/tinynav.min.js"></script>
134 <script type="text/javascript" src="/hpc/templates/hot_explorer/js/responsive_menu.js"></script>
135 </head>
136 <body class="sparky_inner">
```

```
137 <div class="sparky_wrapper">
138   <div class="sparky_full topmenurow">
139     <div class="container">
140       <div class="row">
141         <div class="cell mp_logo span4">
142           <div class="cell_pad">
143             <div class="sparky_logo"><a href="/hpc/index.php">EXPLORER</a></div>
144             <div class="sparky_slogan"></div>
145             </div>
146           </div>
147           <div class="cell mp_topmenu span8 ">
148             <div class="cell_pad">
149               <div class="moduletable_menu">
150 <ul class="menu nav mnu_mainmenu">
151 <li class="item-124"><a href="/hpc/">Home</a></li><li class="item-102 active deeper parent"><a
href="javascript:;">Programs &amp; Clinics</a><ul><li class="item-133 active deeper parent"><a
href="javascript:;">Summer Programs</a><ul><li class="item-134 current active"><a href="/hpc/index.php/about-
hot-explorer/template/rock-climbing">Rock Climbing</a></li><li class="item-138"><a href="/hpc/index.php/about-
hot-explorer/template/road-biking">Road Biking</a></li><li class="item-136"><a href="/hpc/index.php/about-
hot-explorer/template/mountain-biking">Mountain Biking</a></li><li class="item-135"><a href="/hpc/index.php
/about-hot-explorer/template/hiking-backpacking">Hiking / Backpacking</a></li><li class="item-137"><a
href="/hpc/index.php/about-hot-explorer/template/canoeing-kayaking">Canoeing / Kayaking</a></li></ul></li><li
class="item-128 deeper parent"><a href="javascript:;">Extensions</a><ul><li class="item-129"><a href="/hpc
/index.php/about-hot-explorer/extensions/hot-full-carousel">Hot Full Carousel</a></li><li class="item-141"><a
href="/hpc/index.php/about-hot-explorer/extensions/hot-maps-plugin">Hot Maps Plugin</a></li></ul></li><li
class="item-147 deeper parent"><a href="javascript:;">Instructions</a><ul><li class="item-148"><a href="/hpc
/index.php/about-hot-explorer/instructions/hotstart-installation">HotStart Installation</a></li><li
class="item-149"><a href="/hpc/index.php/about-hot-explorer/instructions/standard-installation">Standard
Installation</a></li></ul></li><li class="item-140"><a href="/hpc/index.php/about-hot-explorer/typography"
>Typography</a></li></ul></li><li class="item-103"><a href="/hpc/index.php/news">Hot Deals!</a></li><li
class="item-125 deeper parent"><a href="javascript:;">K2 Component</a><ul><li class="item-104"><a href="/hpc
/index.php/k2/latest-items">Latest Items</a></li><li class="item-126"><a href="/hpc/index.php/k2/user-page"
>User Page</a></li><li class="item-127"><a href="/hpc/index.php/k2/tag-page">Tag Page</a></li><li class="item-
162"><a href="/hpc/index.php/k2/item-page">Item Page</a></li></ul></li><li class="item-106 deeper parent"><a
href="javascript:;">Styles</a><ul><li class="item-142"><a href="http://demo.hotjoomlatemplates.com/explorer
/index.php?style=1">Style 1 (Sky Blue)</a></li><li class="item-143"><a href="http://demo.hotjoomlatemplates.com
/explorer/index.php?style=2">Style 2 (Sunset Red)</a></li><li class="item-144"><a
href="http://demo.hotjoomlatemplates.com/explorer/index.php?style=3">Style 3 (Forest Green)</a></li><li
class="item-145"><a href="http://demo.hotjoomlatemplates.com/explorer/index.php?style=4">Style 4 (Sea Blue)</a>
</li><li class="item-168"><a href="http://demo.hotjoomlatemplates.com/explorer/index.php?style=5">Style 5
(Night Lights)</a></li></ul></li><li class="item-105"><a href="/hpc/index.php/contact">Contact</a></li></ul>
152   </div>
153   </div>
154   </div>
155   </div>
156   </div>
157   <div class="clr"></div>
```

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158         </div>
159         <div class="clr"></div>
160     </div>
161     <div class="sparky_full contentrow">
162         <div class="container">
163             <div class="row">
164                 <div class="content_sparky span12">
165                     <div class="cell_pad">
166
167 <div id="system-message-container">
168 <div id="system-message">
169 </div>
170 </div>
171
172             <h2>                 <span class="subheading-category">Rock Climbing</span>
173             </h2>
174
175
176         <div class="category-desc">
177             <p>Over the course of two decades High Peaks Mountain Adventures has vigilantly
178 sought out valuable insights from our students, clients, and personal research so that we can provide you with
179 a positive climbing experience in the Adirondacks.</p>
180 <p>We have specially designed our rock climbing classes to include plenty of "hands on" instruction while being
181 loads of fun. Our professional guides will help to facilitate the development of your skills and techniques
182 that will give you the confidence to either take the first step on the rock if you have never climbed before,
183 or help you to reach new climbing heights. <br />Whether you are a beginner wanting to give climbing a go, or
184 have years of experience and want professional instruction to help bring your climbing skills to the next
185 level; our professional guides at High Peaks Mountain Adventures will help you to achieve your goals and
186 dreams, and exceed your expectations in the process.</p>
187 <p>The courses and adventures outlined below can all be customized to meet your specific needs. When you make
188 your booking we will spend time assessing your current skill level to ascertain exactly what it is you are
189 looking for. Your climbing experience with High Peaks Mountain Adventures will provide you with fond memories
190 which will last a lifetime.</p>
191         <div class="clr"></div>
192     </div>
193
194         <div class="items-row cols-3 row-0 row-fluid">
195             <div class="span4">
196                 <div class="item column-1">
197
198
199                 <div class="page-header">
200
201                     <h2>
202
203                     <a href="/hpc/index.php/about-hot-explorer/template/rock-climbing
204 /24-introduction-to-rock-climbing">
205                         Introduction to Rock Climbing</a>
206                     </h2>
207
208

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193         </div>
194
195
196 <div id="icons">
197
198
199     </div>
200
201
202
203
204
205 <p>At High Peaks Mountain Adventures we enjoy sharing our passion with others. We hope that we can help
    others discover what they are passionate about in the process. Our Introduction to Rock Climbing course is
    designed to inspire a love of climbing in a safe, beautiful, and comfortable environment which is perfect for
    kids and families. Our State licensed guides are experts in Adirondack rock and are schooled in the newest and
    safest methods available. If you are interested in rock climbing for the first time or are a beginner in need
    of some experience this course is for you!</p>
206
207
208
209     <p class="readmore"><a class="btn" href="/hpc/index.php/about-hot-explorer/template/rock-climbing
    /24-introduction-to-rock-climbing"> <span class="icon-chevron-right"></span>
210
211     Read more...
212     </a></p>
213
214
215
216         </div><!-- end item -->
217             </div><!-- end spann -->
218                 <div class="span4">
219 <div class="item column-2">
220
221
222 <div class="page-header">
223
224
225             <h2>
                <a href="/hpc/index.php/about-hot-explorer/template/rock-climbing
    /25-top-rope-essentials">
226                 Top Rope Essentials</a>
227                 </h2>
228
229         </div>
230
231
232 <div id="icons">
```

```
233
234
235     </div>
236
237
238
239
240
241     <p>Top Rope Essentials is designed for the climber who has some experience on the rock or in the gym and wants
to hone their skills, learn more, or just get out for a day on the rock. Great for individuals or groups with a
similar level of experience.</p>
242
243
244
245     <p class="readmore"><a class="btn" href="/hpc/index.php/about-hot-explorer/template/rock-climbing/25-top-
rope-essentials"> <span class="icon-chevron-right"></span>
246
247     Read more...
248     </a></p>
249
250
251
252         </div><!-- end item -->
253             </div><!-- end spann -->
254                 <div class="span4">
255 <div class="item column-3">
256
257
258     <div class="page-header">
259
260         <h2>
261             <a href="/hpc/index.php/about-hot-explorer/template/rock-climbing
/26-top-rope-safety-management">
262                 Top Rope & Safety Management</a>
263                 </h2>
264
265         </div>
266
267
268 <div id="icons">
269
270
271     </div>
272
273
274
275
```

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276
277 <p>This course is designed for climbers who need the knowledge to confidently and safely begin constructing
    Top Rope systems. You will learn how to set up with static line, webbing and climbing protection. We encourage
    all participants to practice what they learn in this seminar in order to retain the knowledge and sharpen their
    skills. With this in mind we offer special package deals on Top Rope equipment that you need to get
    started.</p>
278 <p>We also have outings and courses for lead climbing and multi-pitch adventures. Please call for details on
    how to get set up with these more advanced rock climbing programs</p>
279
280
281
282         </div><!-- end item -->
283             </div><!-- end spann -->
284         </div><!-- end row -->
285
286     </div>
287
288
289         <div class="belowcontent">
290             <div class="moduletable">
291
292 <div class="custom" >
293     <h2>Make your reservation now!</h2>
294 <p>If you want to register for a guided trip on-line please send an email to: <a
    href="mailto:brian@highpeakscyclery.com">brian@highpeakscyclery.com</a> with the dates you want to reserve OR
    call us at 518-523-3764 and make your reservation over the phone. You can click on the catalog link at the
    bottom of the page and follow through to checkout or call and provide payment info over the phone.</p>
295 <table width="100%">
296 <tbody>
297 <tr>
298 <td>
299 <p>Full Day Rates: <br />$300.00 for two people.<br />add $100.00/per person above three</p>
300 </td>
301 <td>
302 <p>Half Day Rates: 8-12AM or 2-6PM<br />$240.00 for up to three people<br />Add $60.00 for each additional
    participant.</p>
303 </td>
304 </tr>
305 </tbody>
306 </table></div>
307     </div>
308
309         </div>
310
311             </div>
312                 </div>
313         <div class="clr"></div>

```



```
314         </div>
315         <div class="clr"></div>
316     </div>
317     <div class="sparky_full userrow">
318         <div class="container">
319             <div class="row">
320                 <div class="cell mp_user1 span4 ">
321                     <div class="cell_pad">
322                         <div class="moduletable">
323                             <h3>From Our Blog</h3>
324                         </div>
325 <div id="k2ModuleBox104" class="k2ItemsBlock">
326
327
328         <ul>
329             <li class="even">
330
331                 <!-- Plugins: BeforeDisplay -->
332
333                 <!-- K2 Plugins: K2BeforeDisplay -->
334
335
336                 <a class="moduleItemTitle" href="/hpc/index.php/component/k2/item/8-yet-another-sample-
blog-post">Yet Another Sample Blog Post About Hotels</a>
337
338
339                 <!-- Plugins: AfterDisplayTitle -->
340
341                 <!-- K2 Plugins: K2AfterDisplayTitle -->
342
343                 <!-- Plugins: BeforeDisplayContent -->
344
345                 <!-- K2 Plugins: K2BeforeDisplayContent -->
346
347
348
349             <div class="clr"></div>
350
351
352             <div class="clr"></div>
353
354             <!-- Plugins: AfterDisplayContent -->
355
356             <!-- K2 Plugins: K2AfterDisplayContent -->
357
358             <span class="moduleItemDateCreated">Wednesday, 24 April 2013</span>
359
```

```
360
361
362
363
364
365
366     <!-- Plugins: AfterDisplay -->
367
368     <!-- K2 Plugins: K2AfterDisplay -->
369
370     <div class="clr"></div>
371 </li>
372     <li class="odd">
373
374     <!-- Plugins: BeforeDisplay -->
375
376     <!-- K2 Plugins: K2BeforeDisplay -->
377
378
379     <a class="moduleItemTitle" href="/hpc/index.php/component/k2/item/7-another-sample-
blog-post">Another Sample Blog Post About Mountains</a>
380
381
382     <!-- Plugins: AfterDisplayTitle -->
383
384     <!-- K2 Plugins: K2AfterDisplayTitle -->
385
386     <!-- Plugins: BeforeDisplayContent -->
387
388     <!-- K2 Plugins: K2BeforeDisplayContent -->
389
390
391
392     <div class="clr"></div>
393
394
395     <div class="clr"></div>
396
397     <!-- Plugins: AfterDisplayContent -->
398
399     <!-- K2 Plugins: K2AfterDisplayContent -->
400
401     <span class="moduleItemDateCreated">Tuesday, 23 April 2013</span>
402
403
404
405
```

```
406
407
408
409     <!-- Plugins: AfterDisplay -->
410
411     <!-- K2 Plugins: K2AfterDisplay -->
412
413     <div class="clr"></div>
414 </li>
415     <li class="even lastItem">
416
417     <!-- Plugins: BeforeDisplay -->
418
419     <!-- K2 Plugins: K2BeforeDisplay -->
420
421
422     <a class="moduleItemTitle" href="/hpc/index.php/component/k2/item/6-sample-blog-post-
423 from-us">Sample Blog Post About Summer Travelling</a>
424
425     <!-- Plugins: AfterDisplayTitle -->
426
427     <!-- K2 Plugins: K2AfterDisplayTitle -->
428
429     <!-- Plugins: BeforeDisplayContent -->
430
431     <!-- K2 Plugins: K2BeforeDisplayContent -->
432
433
434
435     <div class="clr"></div>
436
437
438     <div class="clr"></div>
439
440     <!-- Plugins: AfterDisplayContent -->
441
442     <!-- K2 Plugins: K2AfterDisplayContent -->
443
444     <span class="moduleItemDateCreated">Sunday, 21 April 2013</span>
445
446
447
448
449
450
451
```

```

452     <!-- Plugins: AfterDisplay -->
453
454     <!-- K2 Plugins: K2AfterDisplay -->
455
456     <div class="clr"></div>
457 </li>
458     <li class="clearList"></li>
459 </ul>
460
461
462
463 </div>
464     </div>
465
466         </div>
467     </div>
468         <div class="cell mp_user2 span4 ">
469             <div class="cell_pad">
470                 <div class="moduletable">
471
472
473 <div class="custom" >
474     <p class="big_italic"><span>We are licensed by NTAA</span><br/><br/>National Travel Agencies
Association<br/>License no. 12345678</p></div>
475     </div>
476
477         </div>
478     </div>
479         <div class="cell mp_user3 span4 ">
480             <div class="cell_pad">
481                 <div class="moduletable">
482
483
484 <div class="custom" >
485     <blockquote>Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod
tincidunt ut laoreet dolore, consectetur adipiscing elit diam nonummy nibh.</blockquote>
486 <div align="right">John Smith, our traveler</div></div>
487     </div>
488
489         </div>
490     </div>
491         </div>
492     <div class="clr"></div>
493 </div>
494     <div class="clr"></div>
495 </div>
496 <div class="sparky_full footerrow">

```

```
497         <div class="container">
498             <div class="row">
499                 <div class="cell mp_bottom1 span2 ">
500                     <div class="cell_pad">
501                         <div class="moduletable">
502
503
504     <div class="custom" >
505         <p>HPC Mountain Guides</p></div>
506     </div>
507
508     </div>
509 </div>
510                 <div class="cell mp_bottom2 span2 ">
511                     <div class="cell_pad">
512                         <div class="moduletable">
513
514 <ul class="menu standard mnu_bottom1">
515 <li class="item-107"><a href="/hpc/index.php?Itemid=101" >Home</a></li><li class="item-108 active"><a href="/hpc
516 /index.php/about-hot-explorer/template/rock-climbing" >About Hot Explorer</a></li><li class="item-111"><a
517 href="/hpc/index.php/contact" >Contact Us</a></li><li class="item-166"><a href="/hpc/index.php/news" >News</a>
518 </li></ul>
519 </div>
520
521     </div>
522 </div>
523                 <div class="cell mp_bottom3 span2 ">
524                     <div class="cell_pad">
525                         <div class="moduletable">
526
527 <ul class="menu standard mnu_bottom2">
528 <li class="item-163"><a href="/hpc/" >K2 Home Page</a></li><li class="item-146"><a href="/hpc/index.php
529 /k2/latest-items" >K2 Category</a></li><li class="item-164"><a href="/hpc/index.php/k2/tag-page" >K2 Sample
530 Tag</a></li><li class="item-165"><a href="/hpc/index.php/k2/user-page" >K2 User Page</a></li><li class="item-
531 130"><a href="/hpc/index.php/joomla-blog" >Joomla Blog</a></li></ul>
532 </div>
533
534     </div>
535 </div>
536                 <div class="cell mp_bottom4 span2 ">
537                     <div class="cell_pad">
538                         <div class="moduletable">
539
540 <ul class="menu standard mnu_bottom3">
541 <li class="item-131"><a href="/hpc/index.php/about-hot-explorer/extensions/hot-full-carousel" >Hot Full
542 Carousel</a></li><li class="item-132"><a href="/hpc/index.php/about-hot-explorer/extensions/hot-maps-plugin"
543 >Hot Maps Plugin</a></li></ul>
```

```
536         </div>
537
538             </div>
539         </div>
540             <div class="cell mp_bottom5 span4 ">
541                 <div class="cell_pad">
542                     <div class="moduletable">
543
544
545 <div class="custom" >
546     <div align="right">Connect with us:</div>
547 <div align="right"><a href="http://www.facebook.com/hotjoomla"></a><a href="http://twitter.com/hotjoomla"></a><a href="http://plus.google.com/b/101865138405372995937/101865138405372995937/posts"></a><a href="http://www.linkedin.com"></a></div></div>
548     </div>
549
550         </div>
551     </div>
552         </div>
553     <div class="clr"></div>
554 </div>
555 <div class="clr"></div>
556 </div>
557 <div class="sparky_full footerrow">
558     <div class="container">
559         <div class="row">
560             <div class="cell mp_copyright span12 ">
561                 <div class="cell_pad">
562                     <div class="moduletable">
563
564
565 <div class="custom" >
566     <p>Copyright &copy; 2013 by Hot Joomla Templates - <a href="http://www.hotjoomlatemplates.com">Beautiful
designs for Joomla</a></p></div>
567     </div>
568
569         </div>
570     </div>
571         </div>
572     <div class="clr"></div>
573 </div>
574 <div class="clr"></div>
575 </div>
576 </div>
577 </body>
```

578 </html>  
579